

WEEK ONE w/c 6th Jan w/c 27th Jan	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Pasta Bolognese	CG_NU(MC) PE(MC) CE(MC) _ _ CG MI(MC) SE(MC)_	Chicken Sausage Hot Dog in a Bun served with Potato Cubes	CG SU CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Cheese Burger served with Potato Wedges	CE EG SO SU MI CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Chicken Nuggets served with Potatoes and Vegetables	CG SO CE(MC) MI(MC) SU(MC) _ _ _ _ _	Fish Fillet served with Chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetarian Pasta Bolognese	CG EG CG_NU(MC) PE(MC) CE(MC) _ _ CG MI(MC) SE(MC)_	Vegan Dog in a Bun served with Potato Cubes	SO CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Veg Burger served with Potato Wedges	CG EG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Southern Fried Vegi-Bites served with Potato Cubes	CG CE(MC) MI(MC) SU(MC) _ SU _ _ _ _ _	Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_ FI EG MU _ _ _ _ _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_ EG _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_ FI EG MU _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _
DESSERT	Vanilla Muffin	CG EG MI NU(MC) PE(MC) SO(MC) SU(MC) _ _ _ _ _	Chocolate Brownie Cake	CG EG SO(MC) NU(MC) _ _ _ _ _	Apple Crumble served with custard	_ MI CG SO(MC) CG _ _ _ MI _	Milk Chocolate Cookie	CG EG MI SO NU(MC) _ _ _ _ _	Warm Belgium Waffle	CG EG MI SO _ _ _ _ _
WEEK TWO w/c 13th Jan w/c 3rd Feb	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Meatballs served with Pasta	CG CG _ _ _ _ _	Chicken Sausage and Baked Bean Casserole	CG SU _ _ CE(MC) _ _ _ _ _	Chicken Burger served with potato wedges	CG EG SO(MC) SE(MC) CG SE(MC) _ _ _ _ _	Chicken Noodle Chow Mein	CG EG SO	Fish Fillet served with Chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegan Balls served with Pasta	SO CG _ _ _ _ _	Vegan Sausage with Roast Potatoes and Gravy	SO _ CG _ _ _ _ _	Veg Burger served with Potato Wedges	CG EG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) _ _ _ _ _	Vegetable Noodle Chow Mein	CG EG SO	Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_ FI EG MU _ _ _ _ _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_ EG _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_ FI EG MU _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _
DESSERT	Blueberry Muffin	CG EG MI(MC) PE(MC) SO(MC) SU(MC) NU(MC) _ _ _ _ _	Chocolate Brownie Cake	CG EG SO(MC) NU(MC) _ _ _ _ _	Homemade Sponge Cake served with Cream	_ MI CG SO(MC) EG MI MI(MC) _ MI _	Milk Chocolate Cookie	CG EG MI SO NU(MC) _ _ _ _ _	Warm Belgium Waffle	CG EG MI SO _ _ _ _ _
WEEK THREE w/c 20th Jan w/c 10th Feb	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Chicken Pasta in a Tomato and Basil Sauce	_ CG _ _ CE(MC) _ _ _ _ _	Roast Chicken served with Roast Potatoes, Yorkshire Pudding and Gravy	_ _ CG EG MI CG _ _ _ _ _	Chicken Dippers served with Potato Wedges	CG CE(MC) EG(MC) MI(MC) MU(MC) SE(MC) SO(MC) _ _ _ _ _	Cheese Burger served with Potato Cubes	CE CG SO SU MI CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Fish Fillet served with Chips	CG FI SO _ _ _ _ _
VEGETARIAN OPTION	Vegetable Pasta in a Tomato and Basil Sauce	_ CG _ _ CE(MC) _ _ _ _ _	Quorn Fillet served with Roast Potatoes, Yorkshire Pudding and Gravy	CG _ CG EG MI CG _ _ _ _ _	Quorn Dippers served with Potato Wedges	CG _ _ _ _ _	Veg Burger served with Potato Cubes	CG EG MI _ CG SE(MC) CE(MC) MI(MC) SU(MC) _ _ _ _ _	Cheese and Tomato Pizza served with Chips	CG MI SO _ _ _ _ _
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	_ FI EG MU _ _ _ _ _	Jacket Potato with Chicken and Sweetcorn Mayonnaise	_ EG _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _	Jacket Potato with Tuna Mayonnaise and Sweetcorn	_ FI EG MU _ _ _ _ _	Jacket Potato with Spaghetti Hoops	_ CG _ _ _ _ _
JACKET POTATO	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _	Jacket Potato with Cheese and Beans	_ MI _ _ _ _ _
DESSERT	Chocolate Muffin	CG EG MI SE NU(MC) SE(MC) SO(MC) SU(MC) _ _ _ _ _	Chocolate Brownie Cake	CG EG SO(MC) NU(MC) _ _ _ _ _	Apple Crumble served with custard	_ MI CG SO(MC) CG _ _ _ MI _	Milk Chocolate Cookie	CG EG MI SO NU(MC) _ _ _ _ _	Warm Belgium Waffle	CG EG MI SO _ _ _ _ _

- Please Note:**
1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
  2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.
  3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
  4. Although our menus are nut free we cannot guarantee against airborne traces.
  5. Vegetables or salad are served with every meal.
  6. Bread is available each day to complement the meal unless it is already a feature of the main meal

**Allergen Key**  
MC = May Contain

Celery		CE
Cereal Gluten		CG
Crustaceans		CR
Egg		EG
Fish		FI
Lupin		LU
Sulphur Dioxide (Sulphites)		SU

Milk		MI
Molluscs Shellfish		MO
Mustard		MU
Nuts		NU
Peanuts		PE
Sesame Seeds		SE
Soya		SO