

| WEEK ONE w/c 24th Feb w/c 17th March | Monday | Allergens | Tuesday | Allergens | Wednesday | Allergens | Thursday | Allergens | Friday | Allergens |
|--|--|---|---|--------------------------------------|--|--|--|---|---|-------------|
| MAIN | Beef Pasta Bolognaise | _ CG _ NU(MC) PE(MC) CE(MC) CG MI(MC) SE(MC) _ | Chicken Sausage Hot Dog in a Bun served with Potato Cubes | CG SU CG SE(MC) CE(MC) MI(MC) SU(MC) | Cheese Burger served with Potato Wedges | CE CG SO SU MI CE(MC) MI(MC) SU(MC) CG SE(MC) | Chicken Nuggets served with Potatoes and Vegetables | CG SO CE(MC) MI(MC) SU(MC) | Fish Fillet served with Chips | CG FI SO |
| VEGETARIAN OPTION | Vegetarian Pasta Bolognaise | CG EG CG _ NU(MC) PE(MC) CE(MC) CG MI(MC) SE(MC) _ | Vegan Dog in a Bun served with Potato Cubes | SO CG SE(MC) CE(MC) MI(MC) SU(MC) | Veg Burger served with Potato Wedges | CG EG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) | Southern Fried Vegi-Bites served with Potato Cubes | CG CE(MC) MI(MC) SU(MC) _ SU | Cheese and Tomato Pizza served with Chips | CG MI SO |
| JACKET POTATO | Jacket Potato with Tuna Mayonnaise and Cucumber | _FI EG MU | Jacket Potato with Chicken and Sweetcorn Mayonnaise | _EG | Jacket Potato with Spaghetti Hoops | _cg | Jacket Potato with Tuna Mayonnaise and Sweetcorn | _FI EG MU | Jacket Potato with Spaghetti Hoops | _cg |
| JACKET POTATO | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI |
| DESSERT | Vanilla Muffin | CG EG MI NU(MC) PE(MC) SO(MC) SU(MC) | Chocolate Brownie Cake | CG EG SO(MC) NU(MC) | Apple Crumble served with Custard | _MI CG SO(MC) CGMI _ | Milk Chocolate Cookie | CG EG MI SO NU(MC) | Warm Belgium Waffle | CG EG MI SO |
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| WEEK TWO w/c 3rd March w/c 24th March | Monday | Allergens | Tuesday | Allergens | Wednesday | Allergens | Thursday | Allergens | Friday | Allergens |
| MAIN | Beef Meatballs served with Pasta | ce ce | Chicken Sausage with Mashed Potatoes, Yorkshire Pudding and Gravy | MI CG(MC) EG(MC) SO(MC) CG EG MI SO | Fishcake served with Potato Wedges and Vegetables | _FIEG MU | Chicken Tikka Curry with Rice and Naan | CG EG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) | Fish Fillet served with Chips | CG FI SO |
| VEGETARIAN OPTION | Vegan Balls served with Pasta | so ce | Vegan Sausages served with Mashed Potato, Onion Gravy and a Yorkshire Pudding | MI CG(MC) EG(MC) SO(MC) CG EG MI SO | Plain Omelette served with Potato Wedges and Vegetables | EG_MI | Vegetable Tikka Curry with Rice and Nann | CG EG MI _ CE(MC) MI(MC) SU(MC) CG SE(MC) | Cheese and Tomato Pizza served with Chips | CG MI SO |
| JACKET POTATO | Jacket Potato with Tuna Mayonnaise and Cucumber | _FI EG MU | Jacket Potato with Chicken and Sweetcorn Mayonnaise | CG EG MI SO NU(MC) | Jacket Potato with Spaghetti Hoops | _cg | Jacket Potato with Tuna Mayonnaise and Sweetcorn | _FI EG MU | Jacket Potato with Spaghetti Hoops | _ce |
| JACKET POTATO | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI |
| DESSERT | Blueberry Muffin | CG EG MI(MC) PE(MC) SO(MC) SU(MC) NU(MC) | Chocolate Brownie Cake | CG EG SO(MC) NU(MC) | Homemade Sponge Cake served with Cream | _ MI CG SO(MC) EG MI MI(MC) _ MI _ | Milk Chocolate Cookie | CG EG MI SO NU(MC) | Warm Belgium Waffle | CG EG MI SO |
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| WEEK THREE w/c 10th March w/c 31st March | Monday | Allergens | Tuesday | Allergens | Wednesday | Allergens | Thursday | Allergens | Friday | Allergens |
| MAIN | Beef Pasta Bolognaise | _CG_NU(MC) PE(MC) CE(MC)CG MI(MC) SE(MC) _ | Roast Chicken served with Roast Potatoes, Yorkshire Pudding and Gravy | CG EG MI CG | Chicken Dippers served with Potato Wedges | CG CE(MC) EG(MC) MI(MC) MU(MC) SE(MC) SO(MC) | Cheese Burger served with Potato Cubes | CE CG SO SU MI CG SE(MC) CE(MC) MI(MC) SU(MC) | Fish Fillet served with Chips | CG FI SO |
| VEGETARIAN OPTION | Vegetarian Pasta Bolognaise | CG EG CG _ NU(MC) PE(MC) CE(MC) CG MI(MC) SE(MC) _ | Quorn Fillet served with Roast Potatoes, Yorkshire Pudding and Gravy | CG _CG EG MI CG | Quorn Dippers served with Potato Wedges | cg | Veg Burger served with Potato Cubes | CG EG MI _ CG SE(MC) CE(MC) MI(MC) SU(MC) | Cheese and Tomato Pizza served with Chips | CG MI SO |
| JACKET POTATO | Jacket Potato with Tuna Mayonnaise and Cucumber | _FI EG MU | Jacket Potato with Chicken and Sweetcorn Mayonnaise | _EG | Jacket Potato with Spaghetti Hoops | _ce | Jacket Potato with Tuna Mayonnaise and Sweetcorn | _FI EG MU | Jacket Potato with Spaghetti Hoops | _cg |
| JACKET POTATO | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI | Jacket Potato with Cheese and Beans | _MI |
| DESSERT | Chocolate Muffin | CG EG MI SE NU(MC) SE(MC) SO(MC) SU(MC) | Chocolate Brownie Cake | CG EG SO(MC) NU(MC) | Apple Crumble served with Custard | _MI CG SO(MC) CG MI _ | Milk Chocolate Cookie | CG EG MI SO NU(MC) | Warm Belgium Waffle | CG EG MI SO |
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- Please Note:

 1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.

 2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.

 3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.

 4. Although our menus are nut free we cannot guarantee against airborne traces.

 5. Vegetables or salad are served with every meal .

 6. Bread is available each day to complement the meal unless it is already a feature of the main meal

Allergen Key MC = May Contain

| Celery | CLERY | CE |
|--------------------------------|-------------|----|
| Cereal Gluten | GOTON | cG |
| Crustaceans | CILATOCIONI | CR |
| Egg | (C) | EG |
| Fish | RSA PARA | FI |
| Lupin | € | LU |
| Sulphur Dioxide (Sulphites) | SUATE | SU |

| Milk | | MI |
|-----------------------|----------|----|
| Molluscs Shellfish | 1943.796 | МО |
| Mustard | NA STAN | MU |
| Nuts | € NATE | NU |
| Peanuts | RAMA'S | PE |
| Sesame Seeds | € | SE |
| Soya | Desc. | so |