

WEEK ONE w/c 2nd Sept w/c 23rd Sept w/c 14th Oct	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Beef Meatballs served with Pasta	CG CG	Chicken Sausage Hot Dog in a Bun served with Potato Cubes	CG SU CG SE(MC) CE(MC) MI(MC) SU(MC)	Beef Spaghetti Bolognese	NU(MC) PE(MC) CG CG MI(MC) SE(MC)	Chicken Nuggets served with Potatoes and Vegetables	CE(MC) CG EG(MC) MI(MC) MU(MC) SO(MC) CE(MC) MI(MC) SU(MC)	Fish Fillet served with Chips	CG FI SO
VEGETARIAN OPTION	Vegan Balls served with Pasta	SO CG	Vegan Dog in a Bun served with Potato Cubes	SO CG SE(MC) CE(MC) MI(MC) SU(MC)	Quorn Spaghetti Bolognese	NU(MC) PE(MC) CG CG MI(MC) SE(MC)	BBQ Vegetable Nuggets served with Rice	CG SU	Cheese and Tomato Pizza served with Chips	CG MI SO
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	FI EG MU	Jacket Potato with Spaghetti Hoops	CG	Jacket Potato with Chicken and Sweetcorn Mayonnaise	EG	Jacket Potato with Tuna Mayonnaise and Sweetcorn	FI EG MU	Jacket Potato with Spaghetti Hoops	CG
JACKET POTATO	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI
DESSERT	Cheese and Crackers	MI CG MI	Chocolate & Vanilla swirl mousse	MI	Vanilla Muffin	CG EG MI NU(MC) PE(MC) SO(MC) SU(MC)	Homemade Sponge Cake served with Cream	MI CG SO(MC) EG MI MI(MC) MI	Warm Belgium Waffle	CG EG MI SO
WEEK TWO w/c 9th Sept w/c 30th Sept w/c 21st Oct	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Chicken Meatballs with pasta in a tomato sauce	CG 0 CG	Mild Beef Chilli Nacho's served with Cheese	MI (MC) MU(MC) SO(MC) CE(MC)	Chicken Burger served with salad and potato wedges	CG CG SE(MC)	Beef Swedish Meatballs served with Mashed Potato and BBQ Sauce	CG MI SU	Fish Fillet served with Chips	CG FI SO
VEGETARIAN OPTION	Vegan meatballs with pasta in a tomato sauce	SO 0 CG	Mild Vegetarian Chilli Nacho's served with Cheese	CG EG MI (MC) MU(MC) SO(MC) CE(MC)	Veg Burger served with salad and Potato Wedges	CG CG SE(MC)	Vegan Swedish Meatballs served with Mashed Potato and BBQ Sauce	MI SU	Cheese and Tomato Pizza served with Chips	CG MI SO
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	FI EG MU	Jacket Potato with Chicken and Sweetcorn Mayonnaise	EG	Jacket Potato with Spaghetti Hoops	CG	Jacket Potato with Tuna Mayonnaise and Sweetcorn	FI EG MU	Jacket Potato with Spaghetti Hoops	CG
JACKET POTATO	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI
DESSERT	Strawberry Vanilla Swirl Mousse	MI	Blueberry Muffin	CG EG MI(MC) PE(MC) SO(MC) SU(MC) NU(MC)	Chocolate Brownie Cake	CG EG SO(MC) NU(MC)	Homemade Sponge Cake served with Cream	MI CG SO(MC) EG MI MI(MC) MI	Fruit Yoghurt	MI
WEEK THREE w/c 16th Sept w/c 7th Oct	Monday	Allergens	Tuesday	Allergens	Wednesday	Allergens	Thursday	Allergens	Friday	Allergens
MAIN	Chicken Sausage with Mashed Potatoes, Yorkshire Pudding and Gravy	CG SU CG EG MI MI CG	Beef Mince served in a Taco Shell with Salad	MI(MC) MU(MC) SO(MC)	Chicken Dippers served with Potato Wedges	CG CE(MC) EG(MC) MI(MC) MU(MC) SE(MC) SO(MC)	Meatball sub roll topped with cheese served with Potato cubes	CG CG SE(MC) MI	Fish Fillet served with Chips	CG FI SO
VEGETARIAN OPTION	Vegan Sausage with mashed Potatoes, Yorkshire Pudding and Gravy	SO CG EG MI MI CG	Vegan Mince served in a Taco Shell with Salad	CG EG MI(MC) MU(MC) SO(MC)	Quorn Dippers served with Potato Wedges	CG	Vegetarian Meatball sub roll topped with cheese served with Potato cubes	CG SE(MC) MI	Cheese and Tomato Pizza served with Chips	CG MI SO
JACKET POTATO	Jacket Potato with Tuna Mayonnaise and Cucumber	FI EG MU	Jacket Potato with Chicken and Sweetcorn Mayonnaise	EG	Jacket Potato with Spaghetti Hoops	CG	Jacket Potato with Tuna Mayonnaise and Sweetcorn	FI EG MU	Jacket Potato with Spaghetti Hoops	CG
JACKET POTATO	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI	Jacket Potato with Cheese and Beans	MI
DESSERT	Vanilla choc Ice	MI SO PE(MC) NU (MC)	Chocolate Muffin	CG EG MI SE SO	Jelly and Cream	MI	Homemade Sponge Cake served with Cream	MI CG SO(MC) EG MI MI(MC) MI	Warm Belgium Waffle	CG EG MI SO

**Please Note:**

1. A Jacket Potato with beans is available daily which contains no allergens unless cheese is added which contains Milk.
2. Fruit/Fruit Bags are available daily as an alternative to the dessert offered.
3. To ensure quality of the dishes it may be necessary to occasionally offer suitable alternative products to those shown on this menu.
4. Although our menus are nut free we cannot guarantee against airborne traces.
5. Vegetables or salad are served with every meal.
6. Bread is available each day to complement the meal unless it is already a feature of the main meal

**Allergen Key**

MC = May Contain

Celery		CE
Cereal Gluten		CG
Crustaceans		CR
Egg		EG
Fish		FI
Lupin		LU
Sulphur Dioxide (Sulphites)		SU

Milk		MI
Molluscs Shellfish		MO
Mustard		MU
Nuts		NU
Peanuts		PE
Sesame Seeds		SE
Soya		SO